



DR SHARANYA VIVEK

CLINICAL NUTRITIONIST | FUNCTIONAL MEDICINE PRACTITIONER
| YOGA AND NATUROPATHY PHYSICIAN

Dual-qualified Clinical Nutritionist, Functional Medicine Practitioner, and Yoga & Naturopathy Physician with 10+ years of clinical experience integrating evidence-based Medical Nutrition Therapy (MNT) with holistic and lifestyle-based healthcare approaches. Certified in Advanced Acupuncture, Maternal & Child Nutrition, and Integrative Medicine from National Institute of Mental Health and Neurosciences. Experienced in women's health, fertility nutrition, metabolic disorders, gut health, weight management, and chronic disease management through personalized nutrition, lifestyle modification, and integrative care. Skilled in patient counseling, virtual coaching, high-volume OPD management, and sustainable behavior-focused healthcare with a strong emphasis on preventive and functional medicine.

PERSONAL DETAILS

Date of Birth: 15-Nov- 1990

Nationality: Indian

Marital Status: Married

Address: #769, 31st Cross, PP
Housing Society Layout, Uttarahalli,
Bengaluru-560061

CONTACT

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EDUCATION

- M.Sc. Clinical Nutrition & Dietetics | PIMS, BENGALURU UNIVERSITY | 2023 – 2025 | CGPA- 8.77
- Bachelor Of Naturopathy & Yogic Sciences (BNYS) | SDM COLLEGE (RGUHS), UJIRE | 2008 – 2013
- Fellowship In Advance Acupuncture | NIN, PUNE | 2023

CERTIFICATION

- Advance Certification In functional Medicine|Vitaone| Jan- 2026 -Dec 2026
- Certificate Course In Integrative Medicine | NIMHANS |Nov 2025| CGPA- 72.9%
- Advance Certificate In Maternal & Child Nutrition

LANGUAGES

- English
- Kannada
- Hindi
- Telugu

WORK EXPERIENCES

- ✔ **Consultant Fertility Nutritionist |Sammilana Natural Fertility Clinic | April 2026 – Presesnt**
- ✔ **Consultant Nutritionist |Kaayaveda Wellness| Nov 2025 – Present**
 - Integrative Leadership: Leading the nutrition and wellness department, designing protocols that combine clinical dietetics with acupuncture and therapeutic yoga.
- ✔ **Medical Consultant | Aug 2020 – Oct 2023 |MRR Nature Cure Hospital, Solur**
 - Mentored medical interns in case history taking and functional nutrition assessment.
 - Developed lifestyle and nutrition-based reversal protocols for chronic diseases like diabetes and hypertension.
 - Conducted patient education sessions on sustainable diet and lifestyle modification to improve long-term compliance
- ✔ **Medical Officer | Jul 2016 – Jul 2020| Nature Cure Hospital, Jayanagar, Bengaluru**
 - Managed high-volume OPD consultations efficiently while maintaining quality patient care and documentation.
 - Led and coordinated a multidisciplinary team, ensuring smooth clinical operations and protocol adherence.
- ✔ **Naturopathy Consultant | Oct2013 – Mar 2016| Wellbeeing, Bengaluru**

SKILLS

- ✔ Patient Assessment
- ✔ Clinical Research
- ✔ HIPAA Compliance Training
- ✔ Recording Patient Medical History
- ✔ Functional Nutrition Assessment
- ✔ Team Management